

Camp Long Seward Park



ENVIRONMENTAL LEARNING CENTERS

WINTER 2006 January 1 – March 31, 2006

Camp Long, “Jewel of the Emerald City,” is one of Seattle’s best kept secrets. Located in West Seattle, this 68-acre forested park and Environmental Learning Center offers visitors an opportunity to enjoy nature, hike, camp overnight in rustic cabins, rock climb, and learn about nature.

Camp Long celebrates 65 years



Camp Long Lodge in 1941

Seward Park offers an abundance of recreational options. Located in south-east Seattle, this 277-acre old-growth-forest peninsula is a great place to explore, learn, play, and tour. With three miles of shoreline, grassy meadows, children’s playgrounds, beach swimming, and picnic shelters, it’s a great place to take your family for a day’s outing.

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Camp Long Environmental Learning Center

5200 35th Ave. SW
Seattle, WA 98126-2804

Phone: 206-684-7434 Fax 206-684-7435

Visit us online at www.camplong.org

Register for programs by e-mail camplong@seattle.gov. Register early for the best choices. Popular classes fill quickly.

Camp Long Winter Hours of Operation

Tuesday and Saturday 9 a.m. – 6 p.m.
March Tues. – Sun., 10 a.m. – 6 p.m.

Holiday Closures:

January 2 New Years Day observed
January 16 Martin Luther King Day
February 20 Presidents Day

Camp Long Reservations

Rentals, Brochure Programs (206) 684-7434
School/Group Programs (206) 684-7479

Department Administrative Staff

Ken Bounds, Superintendent, Parks & Recreation
B. J. Brooks, Deputy Superintendent
Christopher Williams, Director of Operations
Kathie Huus, Special Units Manager
Leila Wilke, Environmental Learning Centers Manager

Camp Long Staff

Sheila Brown, Supervisor
Jacinta Talamaivao, Administrative Specialist
Roy Amdal, Maintenance Laborer
Sherry Mathers, Public Education Program Specialist
Jeanie Murphy-Ouellette, Public Education Program Specialist
Gretchen Graber, Education Program Assistant

Associated Recreation Council Naturalists

David "Caveman" Friedman Sophia Wheelright
Brian Heerdt Maura Shelton
Steward Wechsler

Camp Long Volunteers

Sandy Beaucage Jack Pedigo

Camp Long Advisory Council

Sandy Beaucage Laura Tyler
Carol DePelecyn Mat McBriden
Cec MacClure Connie Woods
Jack Pedigo Judy Kitzman

Longfellow Creek Watershed

Sheryl Shapiro 206-615-1443
www.longfellowcreek.org

Check out our websites at www.camplong.org
Friends of Seward Park online at
www.sewardpark.net

Directions to Camp Long

Camp Long is located at 5200 35 Ave. SW in West Seattle. Take Bus route #21. Exit at Dawson.

By car **from I-5** take exit 163 - Spokane St./West Seattle Bridge Exit. **From Hwy 99 So.** take West Seattle Bridge exit.

Follow the W. Seattle Bridge to the end (Fauntleroy exit) and turn left (South) onto 35 SW. Continue south about 2/3 of a mile up hill and turn left (east) on Dawson St. (Watch for a brown Camp Long sign on the west side of 35 Ave. SW). Look for the Parks Department "rainbow" Camp Long sign on Dawson & 35th.

Seward Park Environmental Learning Center

5907 Lake Washington Blvd S
Seattle, WA 98118

Phone 206-684-4396 Fax 206-386-4368

visit us on the web at www.seattle.gov/parks!

Winter Hours of Operation

Tuesday – Saturday 9 a.m. – 1 p.m.

Holiday Closures:

January 3 New Years Day observed
January 14 Martin Luther King Day observed
February 18 Presidents Day observed

Seward Park Staff:

Sheila Brown, Supervisor
Christina Gallegos, Naturalist
Jeanie Murphy-Ouellette, Public Education Program Specialist

Outdoor Opportunities (O₂):

Bob Warner, Program Coordinator 684-7097
Matt Axling, Youth Leader 684-4031

Outreach Program Naturalist:

Willie Campbell..... 669-7904

Visit Seward Park

by bus. . . Bus #39 Exit at Orcas Street.

or by Car. . .Seward Park is located on Lake Washington Blvd and Orcas Street in Southeast Seattle.

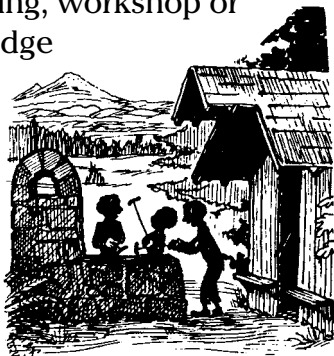
I-5 Southbound Take the W Seattle Bridge/Columbian Way exit- exit number 163 a.m. Keep LEFT at the fork in the ramp. Merge onto COLUMBIAN WAY S. Turn SLIGHT RIGHT onto 15 AVE S. Turn SLIGHT LEFT onto S COLUMBIAN WAY. Turn SLIGHT RIGHT onto S ALASKA ST. Turn RIGHT onto RAINIER AVE S/WA-167. Turn LEFT onto S ORCAS ST. S ORCAS ST becomes LAKE WASHINGTON BLVD S. 0.14 miles

I-5 Northbound Take the SWIFT AVE. exit- exit number 161- towards ALBRO PLACE. Turn RIGHT onto SWIFT AVE S. Turn LEFT onto S EDDY ST. Turn LEFT onto BEACON AVE S. Turn RIGHT onto S ORCAS ST. S ORCAS ST becomes LAKE WASHINGTON BLVD S. 0.14 miles

Rental Information

Facilities & Reservations

Camp Long Main Lodge: A fantastic place to host a party, meeting, workshop or special event. The lodge features a brick fireplace, cathedral ceiling, and hardwood floors and has a maximum capacity of 72 people. Twelve 6 foot-long banquet tables and 72 chairs included in rental costs.



Fees: \$45/hr + \$10 booking fee for private events. Add \$15/hr for rentals held after facility is closed. Add \$60 if serving alcohol. Refundable damage deposit of \$250 (or \$500 with alcohol) required.

Payment of fees and deposit required at time of reservation to hold the reservation.

Cabin and Shelter Rentals: Camp Long features 10 rustic outdoor cabins with six double beds. We also offer two separate covered shelter areas with picnic tables that are perfect for group events. Reservations for private functions can be made, or ask about special programs offered by Camp Long Naturalists that include overnight cabin use.

Cabin Fees: \$40/night per cabin. \$50 refundable damage deposit required. Check-in time is 2:30 p.m. Check out by Noon.

Refunds: There are no refunds given for cancellations of cabin reservations.

Shelter Fees: East shelter with 7 tables \$100/day. West shelter with 5 tables \$80/day.

Rules: Please check with staff on specific rules for cabin/shelter use. Groups are responsible for cleaning up all areas used. No pets or electric heaters allowed.

Fire Ring: \$25 for 4 hours for up to 50 people. The rate increases \$10 for every additional 50 people up to 250 people.

Payment of fees and deposit required at time of reservation to hold the reservation.

Weddings and Special Events: Check out Camp Long for indoor or combined indoor/outdoor parties, receptions and events. Call the Environmental Learning Center at 206-684-7434 or check our web site at www.camplong.org to receive a special brochure and/or information.

Mission

Seattle Parks and Recreation will work with all citizens to be good stewards of our environment, and to provide safe and welcoming opportunities to play, learn, contemplate, and build community.

E-Brochures are available!

In keeping with our environmental stewardship policies, we're trying to reduce the amount of paper we use. We invite you to visit our web site at www.seattle.gov/parks. You can find this brochure information online.

New Searchable Online Brochure Format!

Now you can search for just the classes you're looking for online! Visit www2.seattle.gov/parks/brochure and you can search our classes by keyword. If you prefer to view a pdf version of our brochure (requires Adobe Reader), please visit www.seattle.gov/parks/Environment/camplong.htm.

Notes from the Head Squirrel

Welcome to the 65 Year of Camp Long! We are going to be celebrating throughout the year with a kick-off Coffeehouse Dessert Auction on February 25. We have designed a WPA era poster for our year long celebration and will be auctioning off limited-edition prints. Then we'll follow with a Clark Schurman Art Show, Camp Long Days, Arts-in-Nature Festival and culminating in the actual inaugural date in November. The objective is to raise awareness about Camp Long and begin a capital campaign to remodel the basement of the lodge.

Winter is a time to wind down and look inward. We are looking at our internal systems to prepare for the launch of an on-line and computerized registration and rental reservation system in July 2006. In this effort we are also looking for ways to create efficiencies and



consistency with all our Environmental Learning Centers (ELC) North and South. We hope this work will help us serve you better.

Audubon will begin their community fundraising campaign and finalization of remodelling plans for the Seward Park ELC. The building is set to be closed on May 31 and re-open in spring of 2007 as the Seward Park Audubon Center. Audubon and Seward Park ELC staff are working toward future integration of our programming and experimenting with different models. Programming will continue throughout the remodel construction.

We hope you enjoy a reflective winter season.

Sheila Brown
Camp Long/Seward Park
Education Program Supervisor
sheila.brown@seattle.gov

Environmental Learning Center Advisory Council Opportunity

Are you looking for a way to volunteer in your community? Camp Long/Seward Park is seeking individuals from the SW or SE Seattle community who are interested in serving as an advisory council member to Camp Long and Seward Park Environmental Learning Centers.

We would like to increase our Advisory Councils' membership and add more diversity to include people of cultural backgrounds, seniors, and youth. The advisory council meets once per month for two hours (7 – 9 p.m.).

In general, the council works with Parks Department staff by identifying programs, projects, and fundraisers to benefit the Environmental Learning Center's mission of environmental education, stewardship, and justice.

We are also gearing up for Camp Long's 65th anniversary in 2006. If you have any interest in contributing to this project, please contact us. Audubon is also beginning programs in Seward Park this fall. Your input for Audubon and Parks programming at Seward Park would be much appreciated.

For more information, please contact Sheila Brown, Education Program Supervisor at 206-684-7415 or sheila.brown@seattle.gov

Want to Provide a Program? If you have an idea for a program you would like to teach or would like to see offered, please contact us. We are especially interested in finding ways to connect culture and environmental topics. We will work with instructors and groups to propose or create programs. Reimbursement for time and materials would come from fees. Programs must fit in to our mission and goals as an Environmental Learning Center. For more information, call Sheila Brown at 206-684-7415.

Longfellow Creek

Living Green

Please register for trail work parties: 206-684-7434

Longfellow Creek Is Longing For You!

Longfellow Creek Watershed Specialist Contact Information

For Longfellow Creek programs, Watershed Council, tours, or presentations, please contact **Sheryl** at **206-615-1443** or **sheryl.shapiro@seattle.gov**
Check out www.longfellowcreek.org

Potluck Committee Meetings

Jan 9, Feb 6, Mar 6, Apr 3 Monday, 6 – 8:30 p.m.

Longfellow Creek Stewardship Committee is the community umbrella group caring for the watershed, trails and its Greenspaces through work parties, grant writing for habitat and trail improvements, and creating outdoor events to celebrate the creek! Find out how you can improve habitat in the neighborhood in your own yard. Meets
5 – 6:30 p.m.

Longfellow Creek Council provides leadership in the protection and improvement of Longfellow Creek and its surrounding neighborhoods, cultivating partnerships and sponsoring projects and events. Meets 7-8:30 p.m.

Monthly Saturday Workparties join in creating and caring for segments of the Legacy Trail along Longfellow Creek. 1st: SW Thistle Street; 2nd: Roxhill Bog; 3rd: SW Brandon Street. Call 923-0917 x111 for more info.

Guided walks, Legacy Trail maps and/or presentations for your group/class by request.



FREE Fish-Friendly Car Wash Kit Available

Free

Car washes can be terrific fundraisers and a great way to build community. But, did you know that if a car wash is done incorrectly it can hurt local fish and other wildlife? The soapy water, dirt, and phosphates drain into storm drains and ditches that lead straight to creeks and into Puget Sound. You can prevent this harm to wildlife by using the fish-friendly car wash kit.

To borrow the Kit for your next community car wash fundraiser or to find out more about it call 206-684-7415.

Environmental Film Nights

Thursdays

7 – 9 p.m.

The Northwest Environmental Education Council and Camp Long Advisory Council are happy to bring you monthly Environmental Film Nights. Join us on the fourth Thursday of every month for a screening of a different sustainability or environmental film. Snacks provided, discussion welcome, **pay by donation**.

The Corporation

Thursday, Jan 26

Explores the nature and spectacular rise of the dominant institution of our time. Provoking, witty, sweepingly informative. Winner of 25 international awards, 10 audience attendance awards and the best documentary Gene Award.

Future of Food

Thursday, Feb 23

New documentary examines the complex web of market and political forces behind huge multinational corporations seeking to control the world's food system. The film also explores positive alternatives like organic and sustainable agriculture.

Rivers and Tides

Thursday, Mar 23

Highly esteemed, award winning film about artist, Andy Goldsworthy and his fantastic nature art. It is a moving reminder of the power of art to get people excited about life and the beauty of nature.

206-684-7434



campplong@seattle.gov



www.campplong.org

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Special Events

Please register for all classes and special events: 206-684-7434



Camp Long Coffeehouse Fundraiser - 65th Anniversary Kick-off!

Sat, Feb 25

7 - 9:15 p.m.

Mark your calendars, once again, for the 2 CAMP LONG COFFEEHOUSE FUNDRAISER!! Enjoy an evening full of delights to taste and to hear, combining a Dessert Auction and Lodge Concert by *Linda Waterfall*.

What a musical treat we have in Linda Waterfall! Linda has been performing for over 25 years. She has recorded several albums that show her amazing talents as songwriter, composer, guitarist & keyboardist. Waterfall's songs are joyful, engaging and life affirming.

Bring your music lovin', sweet-toothed friends to the historic Camp Long Lodge in West Seattle. Proceeds will go towards nature program scholarships for schools that serve low-income families.

\$10.00 Event entrance fee, \$13 entrance fee after 2/21/06. Cost of desserts not included. Pre-registration and payment due by 2/21/06.



Neighborhood Appreciation Day

Sat, Feb 11

Noon - 3 p.m.

Let's Celebrate Our Neighbors!

The Second Saturday of February in Seattle commemorates all those people who live in our Neighborhood! Join us at the Environmental Learning Center for refreshments, recognition and an Open House.

FREE



Wild! Washington Field Trip

Columbia Gorge Wildflower Trip

Sat, Apr 8 8 a.m. - 6 p.m.

Enjoy and learn about the diversity of wildflowers that bloom in the Columbia Gorge from the moist, misty Oregon waterfalls in the West to the dry rocky habitat of the Washington side in the East. Discover some of the butterflies that enjoy them too. **Pre-registration and payment by Friday March 31 required.**

Age: adults and kids over 6

\$30 adults, \$15 kids under 12 with adult

Instructor: Stewart Wechsler

Location: Camp Long

Camp Long Programs

Please register for all classes and special events: 206-684-7434

Weekend Naturalist Series

In and Under Evergreens

Sat, Dec 17 2 – 4 p.m.

You don't need to celebrate Christmas to discover evergreen treasures. Admire bejeweled little kings that ornament the conifers and look for wildlife under the mistletoes.

Age: all ages

Fees: Adults: \$6, kids under 10: \$4

Winter Exploration Walk

Sat, Jan 7 1 – 2:30 p.m.

Join a Camp Long naturalist for a stroll through the park. Come and see how nature deals with the harsh conditions of winter.

Age: Ages 4 and up

Pre-registration required, please call 684-7434.

Free

Winter Plant Identification

Sat, Jan 21 1 – 3 p.m.

Learn to identify plants in winter and find out who depends on them for life.

Adults \$6, children under 12: \$4

Instructor: Stewart Wechsler

Learn to Climb with your Valentine!

Sat, Feb 11 10 a.m. – 12:30 p.m.

Looking for a fun, safe and rewarding sport you can do with your partner or kids? In this introductory, hands on class we climb on a simulated rock and glacier at Camp Long.

Age: adults & youth 8 years and older.

Adults & teens: \$5, children: \$3 (ages 8-12), \$8 for couples

Class is subject to weather conditions. Signed waivers required.

Skulking for Salamanders

Sat, Mar 4
3:30 – 5 p.m.

Stroll through the woods checking under logs for glistening salamanders. At the pond look for egg clusters and other fascinating pond life.

Age: All ages welcome

\$6 adult/teen

\$4 kids 3+up

\$16 families of 4

Pre-register by Fri. Mar 3 6 p.m.



Spring Has Sprung! \$5

Sat, Mar 18 10 a.m. – Noon

Bid farewell to winter and welcome the heralds of Spring! Watch for tender new shoots, bursting wildflower buds and enjoy the bubbly song of Winter Wrens.

Pre-registration required by Fri. March 17.

Birding for Beginners

Sat, Mar 25 9 a.m. – Noon

Learn the basics of birdwatching in two habitats, the forests of Camp Long and the tidelands at Herrings House Park on the Duwamish. Look for Ospreys, Towhees, Kingfishers & others.

Age: All ages.

Adults \$5, children \$3

Audubon's Gardening for Life Program Free

Sat, Mar 25 1 – 3 p.m.

Creating a garden for wildlife is easier than you think! Participate in this Seattle Audubon workshop and learn to improve your garden for yourself and your animal visitors.

Camp Long Programs

Please register for all classes and special events: 206-684-7434

Nature at Night

Owl Prowls at Camp Long

Sat, Dec 17 7:30 – 9 p.m.

Silent wings and camouflaged plumage make ghost-like owls hard to find during the day. Join us for a dusk-to-dark owl prowls through the forest. Learn to talk to owls. It'll be a hoot!



Age: all ages welcome
adults \$6, children under 12 \$4

Pre-register by Friday before each owl prowls.

Instructor: Stewart Wechsler
Sat, Mar 4 6:30 – 8:30 p.m.
Adults: \$6, children under 12: \$4

Schmitz Park Owl Prowl

Fri, Jan 20 6:30 – 8 p.m.

Both Barred and Great Horned Owls are frequently seen and heard at Schmitz Park at night. We'll listen and hoot and if we're lucky we might even see courtship behavior.

Age: all ages
Adults: \$6, children under 12: \$4

Instructor: Stewart Wechsler

Location: Schmitz Park main Admiral St. entrance

Take a WALK in a PARK in the DARK!

Sat, Jan 21 Camp Long Night Hike

Sat, Feb 4 Schmitz Park Night Hike

Take a nocturnal walk through some of the best parks in Seattle for viewing wildlife. Each walk will end with a campfire and a marshmallow roast!

7:30 – 9 p.m.
Age: All ages welcome. No strollers please.
Adults: \$3, children: \$2

Locations: Camp Long 1/21/06
Schmitz Park 2/4/06. Call Camp Long for directions.

Nighttime at the Beach

Fri, Jan 27 Beach Night for Families

7:30 – 9:30 p.m.
(-2.42 foot low tide)

Sat, Jan 28 NIGHTLIFE! at the Beach
8:30 – 10:30 p.m.
(-2.83 foot low tide)
for Adults and Teens

Good low "tidings" to you! Explore some of the lowest tides of winter at Mee Kwa Mooks Beach! Bring a headlamp or flashlight to watch nocturnal beach life like nudibranchs, luminescent ghost shrimp and maybe an elusive octopus.

Ages: All ages able to walk on slippery seaweed. No strollers please.

\$6 Adults & Teens, \$4 kids 3 and up, \$18 for a family of four.

Salamander Love Night

Tue, Feb 14 7:30 – 9 p.m.

Spend the most romantic night of the year peeking into the watery bedrooms of salamanders. Look for them wriggling to Camp Long's pond for a love fest and see if they lay their eggs on Valentine's night.

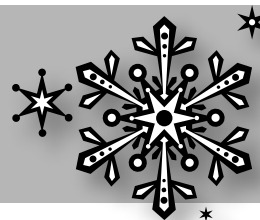
Age: Good clean fun for the whole family
\$6 adult/teen, \$4 kids 3+up, families of 4 \$16
Pre-register by 6 p.m. on Sat. Feb 11, 2006.

Instructor: Stewart Wechsler



Calendar

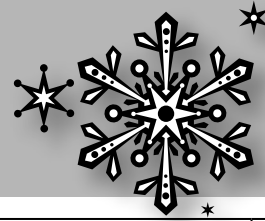
CL=Camp Long SP=Seward Park



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
December						
11 Holiday Ceramics Showcase-SP 6:30–9:30 p.m. Dec 2–24	12	13	14	15	16 Holiday Hayrides Start-SP 4:30–9p.m.	17 In and Under Evergreens-CL 2–4 p.m. Owl Prowls at Camp Long 7:30–9 p.m.
18 Duck, Goose, Grebe?-SP 10 a.m.–Noon Winter Plant Identification-SP 12:30–2:30 p.m.	19	20	21	22 Last Day Holiday Hayrides-SP 4:30–9 p.m.	23 NO Friends of Seward Park Meeting	24
25 Treasures in and Under the Evergreens-SP 10 a.m.–Noon	26	27	28	29	30	31
January						
1	2 Longfellow Potluck Committee Meeting-CL 6–8:30 p.m.	3 Walk and Tone-SP 10–11 a.m.	4	5	6	7 Winter Exploration Walk-CL 1–2:30 p.m. Hoot for Owls-SP 6:30–8:30 p.m.
8	9	10 Walk and Tone-SP 10–11 a.m.	11 Senior Strolls-SP 9:30–11 a.m. Neighbor to Neighbor-SP 10:30 a.m.–Noon	12	13	14
15	16	17 Walk and Tone-SP 10–11 a.m.	18	19	20 Schmitz Park Owl Prowl 6:30–8 p.m.	21 Rainfest-SP 10 a.m.–Noon Winter Plant Identification-CL 1–3 p.m. Night Hike-CL 7:30–9 p.m.
22	23	24 Walk and Tone-SP 10–11 a.m.	25 .	26 Environmental Film Nights-CL <i>The Corporation</i> 7–9 p.m.	27 Friends of Seward Park Meeting 7–8:30 p.m. Nightlife at the Beach-CL 7:30–9:30 p.m.	28 Beach Night for Families-CL 8:30–10:30 p.m.
29	30	31 Walk and Tone-SP 10–11 a.m.				

Calendar

CL=Camp Long SP=Seward Park



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
February						
			1	2	3	4 Give a Hoot for Owls-SP 6:30–8:30 p.m. Schmitz Park Night Hike 7:30–9 p.m.
5	6 Longfellow Potluck Committee Meeting-CL 6–8:30 p.m.	7 Walk and Tone-SP 10–11 a.m.	8 Senior Strolls-SP 9:30–11 a.m. Neighbor to Neighbor-SP 10:30 a.m.–Noon	9	10	11 Neighborhood Appreciation Day-CL Noon–3 p.m. Learn to Climb-CL 10 a.m.–12:30 p.m.
12	13	14 Salamander Love Night-CL 7:30–9 p.m. Walk and Tone-SP 10–11 a.m.	15	16 Green Home Remodel-SP 6:30-8:30	17	18
19	20	21 Walk and Tone-SP 10–11 a.m.	22	23 Env. Film Night-CL <i>Future of Food</i> 7–9 p.m.	24 Friends of Seward Park Meeting 7–8:30 p.m.	25 Camp Long Coffeehouse Fundraiser 7–9:15 p.m.
26	27	28	1	2	3	4 Skulking for Salamanders-CL 3–5 p.m.
March						
5	6 Longfellow Potluck Committee Meeting-CL 6–8:30 p.m.	7 Walk and Tone-SP 10–11 a.m.	8 Senior Strolls-SP 9:30–11 a.m. Neighbor to Neighbor-SP 10:30 a.m.–Noon	9	10	11 Take a Walk in a Park in the Dark-SP 7:30–9 p.m.
12	13	14 Walk and Tone-SP 10–11 a.m.	15	16	17 Growing Healthy Soils-SP 7–8:30 p.m.	18 Spring Has Sprung-CL 10 a.m.–Noon
19	20	21 Walk and Tone-SP 10–11 a.m.	22	23 Env. Film Night-CL <i>Rivers and Tides</i> 7–9 p.m.	24 Friends of Seward Park Meeting 7–8:30 p.m.	25 Birding for Beginners-CL 9 a.m.–Noon Gardening for Life-CL 1–2:30 p.m.
26	27	28 Walk and Tone-SP 10–11 a.m.	29	30	31	1 Gardening for Life-CL 1–3 p.m.
April						
2 Biodiesel Fuel-SP 11 a.m.–1 p.m.	3 Longfellow Potluck Committee Meeting-CL 6–8:30 p.m.	4	5	6	7	8 Columbia Gorge Wildflower Trip-CL 8 a.m.-6 p.m.

Seward Park Happenings

About Seward Park

Seward Park offers an abundance of recreational options. Located in southeast Seattle, this 277-acre old-growth-forest peninsula is a great place to explore, learn, play and tour. With three miles of shoreline, grassy meadows, children's playgrounds, beach swimming, and picnic shelters, it's a great place to take your family for a day's outing. Come enjoy a park originally designed by the Olmstead Brothers that offers a real respite from the rat race! You can check out our interpretive programs or find events in the park at the Friend's website: **sewardpark.net**. From storytelling to drawing to living green, there's something for everyone.

Friends of Seward Park

The Friends of Seward Park strives to build community through stewardship, recreation, and environmental education. We are committed to preserving the unique natural habitats and cultural legacy of this historic Olmsted park. We welcome new members who would like to help us protect and advocate for the park.

Monthly Meetings: Fourth Thursday of every month 7 – 8:30 p.m.

Place: Lakewood/Seward Park Community Clubhouse, 4916 Angeline St

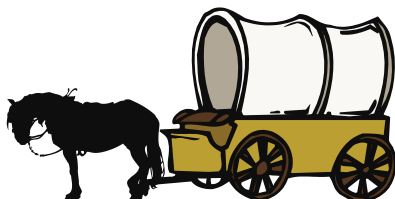
Holiday Hayrides

Gather your family for an old fashioned horse-drawn, covered wagon hayride to the north point (Pebble Beach) of Seward Park. Join us in the Learning Center for hot chocolate around a blazing fire and enjoy arts and craft activities.

Spaces limited to 25 per ride. Ten rides each evening, every 1/2 hour, from **4:30 - 9:00 p.m.** Ride duration: approximately 45 minutes.

Fees: Adults: \$10, children: \$6 (3 – 13), children under 3 – free

Fri, Dec 16
Sat, Dec 17
Sun, Dec 18
Wed, Dec 21



Audubon

Don't Forget:

**Community Meeting, December 8, 7-9 p.m.
Seward Park Environmental Learning Center**



Coming soon...Seward Park Audubon Center!

Did you know that in 2007 you will have a state-of-the-art nature center in your backyard? Become enchanted. Discover and grow. Lift your spirit. That's what exploring the best "backyard" in the city can do for you, for kids, for your community. The Audubon Center at Seward Park will give Southeast Seattle's residents and visitors a gateway to nature's outdoor classroom, guided by professional environmental educators and volunteer citizen scientists.

Design is complete, renovation will begin this July, and the Center will open it's doors in Spring 2007 -- just around the corner! We are looking for volunteers to help with pilot programs and community outreach. You can help this new Center become a true community resource!

For more information **contact Candy Castellanos at ccastellanos@audubon.org, (206) 652-2444 x.101, or visit our website at wa.audubon.org.**

Seward Park Clay Studio Annual Holiday Ceramics Showcase

Showcase Sale December 3-24

Hours: M-F: 12-7 p.m.

Sat/Sun 10 a.m. - 6 p.m.

Contact: Peter Olsen

5900 Lake Washington Blvd. S

Seattle, WA 98118

(206) 722-6342



Seward Park Programs

Please register for all classes and special events: 206-684-7434

Weekend Naturalist Series

Duck, Duck, Goose or Duck, Grebe, Cormorant?

10 a.m. – Noon

Dec 18

Learn tips on how to spot and distinguish some of the diversity of water birds that frequent Seattle in winter. Binoculars available to borrow or bring your own.

Pre-registration required by 6 pm Friday, Dec 16 to ensure a space and that class is not cancelled.

Instructor: Stewart Wechsler

Age: Older kids and adults

Fees: Adults: \$6, children under 12: \$4

Winter Plant Identification

Sun, Dec 18

12:30 – 2:30 p.m.

Surprisingly, winter can be one of the easiest times to see much of what's growing because the leaves don't block your view. We will identify native and invasive plants, and look for the bugs and birds that use them.

Age: all ages

Fees: Adults: \$6, kids under 12: \$4

Treasures in and Under the Evergreens

Sun, Dec 25

10 a.m. – Noon

Whether or not you celebrate Christmas you can be part of the fun of discovering nature's treasures in and under the evergreens.

Fees: Adults: \$6, kids under 10: \$4

Rainfest

\$5

Sat, Jan 21

10 a.m. – Noon

The Rain has ARRIVED!

Don your galloshes and gortex! We'll walk through the old growth forest, discuss the benefits of water, learn how the forest stores and filters it before entering Lake Washington.

Nature at Night

Give a Hoot for the Owls

Sat, Jan 7, and Feb 4

6:30 – 8:30 p.m.

We'll hike through the woods -- listen, look, hoot and whistle for owls. Bring a flashlight.

Pre-registration required to ensure a space and that class is not cancelled.

Age: all ages

Fees: Adults: \$6, children under 12: \$4

Take a WALK in a PARK in the DARK!

Sat, Mar 11

7:30 – 9 p.m.

Naturalists will lead a nocturnal walk through the best Park in Seattle for viewing wildlife. We never know what we will see, but we promise it will be fun and exciting! Each walk will end with a Campfire and a marshmallow roast!

Meet at the Seward ELC just inside the main entrance to the park. We will be car pooling to the trailhead.

No strollers please we may encounter steps.

Fees: Adults: \$5, children: \$3 (Age: 3-12)



Seward Park Programs

Please register for all classes and special events: 206-684-7434

Living Green

Green Home Remodel **Free**

Feb 16 **6:30 – 8:30 p.m.**

Thinking about remodeling? This two-hour class will cover the basics of green home remodeling, both materials selection and design strategies, using real life examples. There will also be ample time for questions.

Based on Seattle Public Utilities Green Home Remodel Guides.

Instructor: Thor Peterson

Age: Adults

Growing Healthy Soils **Free**

Mar 17 **7–8:30 p.m.**

Healthy landscapes grow on healthy soil. Learn how to keep your lawn, landscape beds and gardens healthy using compost, mulch, and other soil amendments. Save time, save yard work, and save money by building “healthy soil.”

Instructor: David McDonald

Age: All Ages

Gardening for Life **\$5**

Apr 1 **1 – 3 p.m.**

Creating a garden for wildlife is easier than you think! Come participate in this workshop presented by Seattle Audubon and learn how to improve your garden for yourself and your animal visitors.

Instructor: Seattle Audubon

Biodiesel Fuel: What is it and why should I care? **\$8**

Sun, Apr 2 **11 a.m. – 1 p.m.**

Learn all about biodiesel, a renewable non-toxic fuel that will reduce your contribution to pollution, global warming, and the petroleum industry. Learn how you can make it at home for about 65 cents per gallon. Bring a quart of used vegetable oil from a local restaurant or your own fryer.”

Instructor: Lyle Rudensey

Senior Adults Programs

Walk and Tone **\$20**

Tuesdays, Jan 3 – Mar 28 **10 – 11 a.m.**

This class includes walking, stretching, strengthening with light weights to great music. Have fun while improving your health.

For more information and to register call 684-7484.

Instructor: Angela Smith

Senior Strolls **Free**

Take a leisurely stroll through the forest guided by a park naturalist. Learn about old growth, native plants, and resident birds. After enjoying nature have refreshments and conversation at the Seward Park Environmental Learning Center (till noon).

Walks will take place on the second Wed of the month:

January 11 **9:30 – 11 a.m.**

February 8 **9:30 – 11 a.m.**

March 8 **9:30 – 11 a.m.**

Meet at the Seward Park ampitheatre parking lot.

Instructor: Jeanie Murphy-Oulette

Neighbor to Neighbor **Free**

Take a leisurely break at Enviornmental Learning Center after your recreational activities. Seattle Parks and Recreation staff would like to share with you the wonderful programs and changes happening at Seward Park. Hot and cold refreshments provided. *Second Wednesday of the month.*

Age: Seniors

Wed, Jan 11 **10:30 a.m. – Noon**

Wed, Feb 8 **10:30 a.m. – Noon**

Wed, Mar 8 **10:30 a.m. – Noon**

Policies and Procedures

You can make a difference!

The Advisory Council is a group of citizens dedicated to the enrichment of our community. Its support enables us to offer a variety of programs and services for people of all ages, abilities and backgrounds.

Our Advisory Council is always looking for new members. Meetings are held every month to talk about programs, policies, and financial issues. Citizen direction and participation are vital to our continued success. Advisory Council members also create scholarship opportunities through grant writing and other fundraising activities. If you'd like to get involved, please contact our staff.

Most classes, workshops, sports, special events, and facility rentals are funded through the Advisory Council rather than through Seattle Parks and Recreation. Revenues generated through program fees offset program costs to make Advisory Council activities self-sustaining. We rely heavily on program participation, donations, and contributions to buy, repair, maintain, and upgrade program equipment and supplies.

Suggestions

We welcome your ideas. If you want to suggest a new class, or if you have an idea you think would benefit us or our community in general, please let us know.

Interested in teaching?

We're always looking for top quality instructors to offer unique courses. We choose class offerings based on participants' interest and space availability. If you have a special talent, skill, or knowledge you would like to share with others in a class or workshop format, please talk to a member of our staff.

Anti-discrimination

As a matter of policy, law, and commitment, Seattle Parks and Recreation does not discriminate on the basis of race, color, sex, marital status, sexual orientation, political ideology, age, creed, religion, ancestry, national origin, or the presence of any sensory, mental or physical handicap.

Accommodation for people with disabilities

We will make reasonable accommodation, upon request, for people with disabilities. For sign language interpretation, auxiliary aids or other accommodation, please call 206-615-0140 or TDD 206-684-4950. Please allow 10 working days' advance notice. If a class or activity is scheduled in an area not accessible for wheelchairs, we will make every effort to help you find a similar program in an accessible location.

Rentals

For information about room rentals, please view our facility rental brochure. (<http://www.seattle.gov/parks/reservations/facrentalguide.htm>)

More information

For information about Parks and Recreation facilities, recreation programs, picnic shelters, and scheduling, please visit our web site at www.seattle.gov/parks, or call our Public Information line, 206-684-4075. For more information about programs for senior adults, please call 206-684-4951, and for information about programs for special populations, please call 206-684-4950.

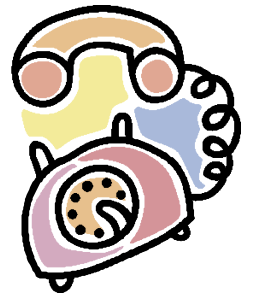
Payment

You can pay for classes and other activities by mail, in person during regular facility hours, or by telephone with a credit card. We accept Visa, MasterCard and American Express. Please make checks and money orders out to our Advisory Council. Please note:

Payment is due when you register, unless we have indicated otherwise. If your check is returned for insufficient funds, your registration will be cancelled until you pay the amount due, plus a \$20 fee. (Credit card or cash only.) We are working on a system that will make online registration available.

Fees and charges

Camp Long's Advisory Council and Seward Park's Advisory Council provide the programs and activities listed in this brochure under an agreement with Seattle Parks and Recreation. Fees collected by the Advisory Councils are used to offset the cost of providing the programs. Program charges include user fees of \$1 per class, \$1.50 per workshop, and \$1.30 per participant in each athletic game, paid to Seattle Parks and Recreation to defray operating costs. People 60 and older are not charged these user fees unless there is a stated senior fee for a particular class. Class and program fees include Washington State sales tax where applicable.



Policies and Procedures

Refunds

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

- Anyone who registers for a class, camp, special event or program that is cancelled for any reason by Parks and Recreation or the Advisory Council will receive a full refund.
- Anyone who registers for a day camp, trip, overnight camp, special event, or facility rental, and who requests a refund 14 days or more before its start (or before the second session of a class), may receive a refund minus a service charge.
- Anyone who registers for a day camp, trip, overnight camp, special event, or facility rental, and who withdraws from the activity fewer than 14 days before its start (or after the second session of a class), will receive no refund.
- Please read the entire policy, #7.16, for specific information.

Scholarships

Our Advisory Council wants to ensure that our activities, classes and sports are available to everyone, regardless of their ability to pay. The Council may choose to offer scholarships for qualified applicants. To apply for a scholarship, please talk to a member of our staff.

Waiting lists

We will create waiting lists for all filled classes. Please be sure to sign up if you are interested in a class that is full, because class openings often become available. If demand is high, we will try to form another class. Please contact us for space availability.

Class cancellations

To cover the cost of providing a program, we need a specific number of participants. If too few people sign up for a class, we must cancel it. We'll notify you (at the latest) one or two days before the class start date. When possible, we will postpone a cancelled class for a week to allow for more enrollments; if the class minimum is not met by then, we will have to cancel it.

Confirmations

Sorry, we cannot confirm class registration by mail or phone, but we will notify you by phone if your class is postponed or cancelled.

How to Find Us

Directions to Camp Long

Camp Long is located at 5200 35th Ave. SW in West Seattle. Take bus route #21.

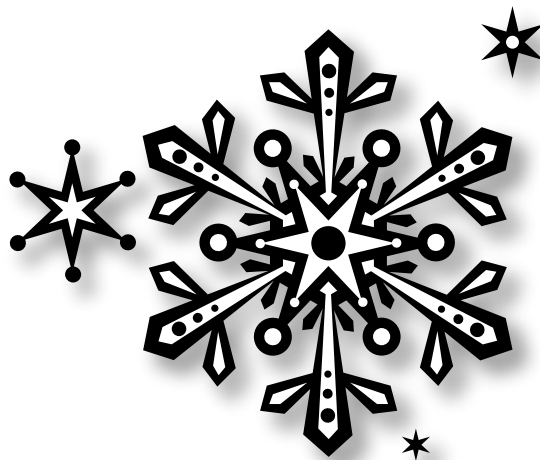
By car **from I-5** take exit 163 - Spokane St./West Seattle Bridge Exit. **From Hwy 99 S.** take West Seattle Bridge exit.

Follow the W. Seattle Bridge to the end (Fauntleroy exit) and turn left (South) onto 35th SW. Continue south about 2/3 of a mile up hill and turn left (east) on Dawson St. (Watch for a brown Camp Long sign on the west side of 35th Ave. SW). Look for the Parks Department "rainbow" Camp Long sign on Dawson & 35th.

Visit Seward Park

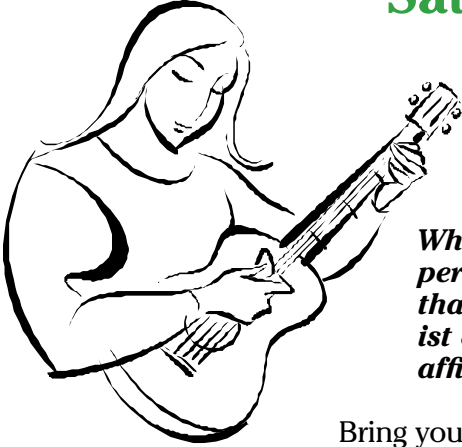
by bus. . . Bus #39 Exit at Orcas Street.

or by Car. . . Seward Park is located on Lake Washington Blvd and Orcas Street in Southeast Seattle. From **I-5 Southbound**, take the W Seattle Bridge/Columbian Wy exit (#163A). Keep left at the fork in the ramp and merge onto Columbian Way S. Turn right onto 15th Ave S. Turn left onto S. Columbian Way. Turn right onto S. Alaska St. Turn right onto Rainier Ave S (WA-167). Turn Left onto S. Orcas St; S Orcas St. becomes Lake Washington Blvd S. From **I-5 Northbound** take the Swift Ave exit (#161) towards Albro Place. Turn Right onto Swift Ave. S. Turn left onto S Eddy St. Turn left onto Beacon Ave S. Turn right onto S. Orcas St; S Orcas St. becomes Lake Washington Blvd S.



Camp Long Coffeehouse Fundraiser

Sat, Feb 25, 7 – 9:15 p.m.



Mark your calendars, once again, for the 2nd CAMP LONG COFFEEHOUSE FUNDRAISER!! Enjoy an evening full of delights to taste and to hear, combining a Dessert Auction and Lodge Concert by **Linda Waterfall**.

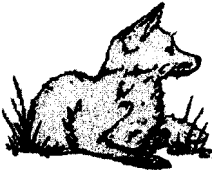
What a musical treat we have in Linda Waterfall! Linda has been performing for over 25 years. She has recorded several albums that show her amazing talents as songwriter, composer, guitarist & keyboardist. Waterfall's songs are joyful, engaging and life affirming.

Bring your music lovin', sweet-toothed friends to the historic Camp Long Lodge in West Seattle. Proceeds will go towards nature program scholarships for schools that serve low-income families.



\$10.00 Event entrance fee, \$13 entrance fee after 2/21/06. Cost of desserts not included.

Pre-registration and payment due by 2/21/06.



Camp Long
Environmental Learning Center
5200 35th Ave. SW
Seattle WA 98126

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